

# FRITIDS NEWS

[rygaardsfritid.com](http://rygaardsfritid.com)

June 2023



## IT'S CREATIVE TIME!

PLAY AND LEARN WITH  
PAULA CARNEIRO EVERY  
MONDAY AND  
THURSDAY!

ART WITH CHRISTINE EVERY TUESDAY

WELCOME TO THE END OF YEAR NEWSLETTER FROM YOUR FRITIDS TEAM. WE ARE VERY GRATEFUL FOR YOUR SUPPORT & FEEL EXCITED TO CONTINUE CREATING A FUN AND ENGAGING PROGRAM FOR OUR SCHOOL COMMUNITY TO ENJOY.

RYGAARDS FRITIDSFÖRENING 'AFTER SCHOOL ACTIVITIES ASSOCIATION' IS 'NOT FOR PROFIT' AND IS RUN BY AN ACTIVE BOARD OF PARENT VOLUNTEERS ('THE BOARD'). THE BOARD OF VOLUNTEERS MEETS AROUND 5 TIMES DURING THE YEAR TO ENSURE THAT THINGS ARE RUNNING SMOOTHLY AND THAT FRITIDS ARE OFFERING EXCITING/VARIED ACTIVITIES.

THE BOARD ARE ALWAYS LOOKING FOR NEW VOLUNTEERS WHO WOULD LIKE TO JOIN – IT IS A GREAT CHANCE TO BE INVOLVED IN CONTRIBUTING POSITIVELY TOWARDS AFTER SCHOOL ENRICHMENT OPPORTUNITIES.  
PLEASE CONTACT [FRITIDS@RYGAARDS.COM](mailto:FRITIDS@RYGAARDS.COM)

RYGAARDS FRITIDSFÖRENING ACTIVITIES ARE PART FUNDED BY FEES/PART FUNDED BY GENTOFTE MUNICIPAL GRANTS. SIGN-UP FOR CLASSES TAKES PLACE EACH SEMESTER, OPEN TO CHILDREN IN THE INTERNATIONAL & DANISH DEPARTMENTS AT RYGAARDS AS WELL AS CHILDREN FROM ACROSS THE KOMMUNE (SIGN UP IS AUGUST AND JANUARY). THE ORGANISATION RENTS CLASSROOMS FROM RYGAARDS SCHOOL FOR THE DELIVERY OF THE PROGRAM. FURTHER INFO IS FOUND AT [WWW.RYGAARDSFRITID.COM](http://WWW.RYGAARDSFRITID.COM)



## LET'S GET COOKING

COOKERY WITH MASSIMO  
EVERY TUESDAY &  
THURSDAY



POTTERY ON FRIDAY  
AFTERNOONS WITH  
VICENTE

## NEWS FROM OUR CHAIRPERSON



MY NAME IS ELLY HARRIS, THE NEW CHAIRPERSON FOR FRITIDS. I ARRIVED LAST SUMMER FROM THE UK AND HAVE TWO CHILDREN AT RYGAARDS. I AM A SECONDARY SCHOOL FRENCH TEACHER. I'M HAPPY TO VOLUNTEER WITH FRITIDS TO CONTINUE SUPPORTING THE OPERATION OF OUR PROGRAM WITH THE VOLUNTEER BOARD.

THIS SPRING SEMESTER BROUGHT CHANGES IN THE VOLUNTEERS HELPING WITH FRITIDS – FOLLOWING THE AGM WE SAID FAREWELL TO CORTNEY MENCKE AS CHAIRPERSON, CORTNEY WILL RELOCATE TO STOCKHOLM WITH HER FAMILY OVER THE SUMMER. THE AGM WAS HELD IN MARCH, INCORPORATING TWO NEW BOARD MEMBERS: KATRINE SIEDLER & TIM HOWARD. WE HOPE THAT WE CAN CONTINUE TO SUPPORT AND DEVELOP THE FRITIDS PROGRAM AT SCHOOL, ENRICHING THE EXPERIENCE OF CHILDREN ACROSS THE INTERNATIONAL & DANISH DEPARTMENTS.

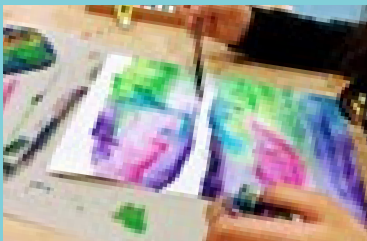
HAVING COMPLETED THE AUDIT & SECURED THE ANNUAL STIPEND FROM GENTOFTE KOMMUNE, NEXT SEMESTER WE SHALL ADJUST FRITIDS FEE STRUCTURE TO REFLECT RUNNING COSTS MORE ACCURATELY. DUE TO THREE DISRUPTIVE COVID YEARS AND INCREASING COSTS OVERALL, THE PROGRAM HAS NOT COVERED ALL OPERATING COSTS THIS PAST YEAR. WHILST WE ARE A NOT-FOR-PROFIT ORGANISATION, WE MUST NOT CONTINUE TO RUN CLASSES AT AN OVERALL LOSS. THE BOARD MEMBERS ARE DEDICATED TO ENSURING FUTURE VIABILITY OF THE FRITIDS PROGRAM, PROVIDING ENRICHMENT OPPORTUNITIES FOR YOUR CHILDREN, SO WE DO APPRECIATE YOUR SUPPORT WITH THIS.



### REVIEW

THE SPRING SEMESTER STARTED IN FEBRUARY, CHILDREN REALLY ENJOYED THEIR MUSIC CLASSES, COOKERY, ART, POTTERY, CHESS, FOOTBALL, BADMINTON, DANCE, AND SPECIALIST SESSIONS OF MOVE TO LEARN WITH PAULA AND MS. PEARCE. SOME OF THE MUSIC TEACHERS ALSO PUT ON CONCERTS FOR PARENTS TO COME ALONG TO HEAR WHAT THEIR CHILDREN HAD BEEN LEARNING, THESE WERE FUN AND EVERYONE ENJOYED THEMSELVES.

THE COOKERY STUDENTS MADE MANY DELICIOUS DISHES UNDER MASSIMO'S GUIDANCE, MAKING CAKES, DONUTS, HOMEMADE BEEFBURGERS, AND FRESH PASTA. SHRIHARI HAS BEEN RUNNING A GREAT CODING CLASS WITH A VERY ATTENTIVE GROUP THIS SEMESTER. THE MOVE TO LEARN STUDENTS INVITED PARENTS IN TO JOIN THEIR FINAL SESSION AND ALL RECEIVED A CERTIFICATE FROM PAULA. PAULA CARNEIRO MADE USE OF THE SUNNY WEATHER TO TAKE SOME OF HER KIDS OUTSIDE FOR ACTIVITIES IN PLAY AND LEARN. LOTS OF HAPPY CHILDREN AND FUN MEMORIES MADE THIS SEMESTER.







## ABOUT THE PROGRAM

**Q. DID YOU KNOW FRITIDS IS RUN BY VOLUNTEERS?**

**A. FRITIDS IS AN ENRICHMENT PROGRAM, IT IS NOT 'WRAP AROUND AFTER SCHOOL CARE,' IT IS RELIANT ON PARENT VOLUNTEER INVOLVEMENT (WITH ONE PART-TIME ADMIN PERSON). PARENTS SHOULD SUPERVISE THEIR CHILDREN BEFORE ACTIVITIES. IF KIDS ATTEND SFO, THEN SFO STAFF SEND THEM TO THEIR FRITIDS ACTIVITIES BUT, IF NOT, THEN PARENTS SHOULD ENSURE THAT THEY PLAN TO TAKE THEIR OWN CHILDREN TO ACTIVITIES AND IF NECESSARY, MAY WAIT ON CAMPUS WHILE THE ACTIVITY TAKES PLACE.**

**Q. WHEN ARE THE CLASSES TAKING PLACE?**

**A. CLASSES ARE RUN IN TWO SEMESTERS (AUTUMN AND SPRING) EACH SCHOOL YEAR, GENERALLY IN SLOTS OF 14 WEEKS EACH SEMESTER WITH A BREAK IN THE SCHOOL HOLIDAYS (ALWAYS CHECK YOUR CLASS BOOKING CONFIRMATION FOR EXACT DATES). SIGN UP IS FIRST COME FIRST SERVED BASIS. NEXT SIGN UP DAY WILL BE SATURDAY 19 AUG. 2023.**

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- MICHAELA WILL JOIN TO TAKE A NEW FUN FITNESS CLASS ON A WEDNESDAY IN THE NEW GYM KEEP AN EYE OUT WHEN THE BROCHURE GOES LIVE.
- FLUTE CLASSES – FLUTE TEACHER, Yael, WILL HAVE EXTRA CAPACITY TO TEACH ON MONDAYS.
- THE ADDITIONAL FRIDAY DANCE CLASS THAT WAS TRIALLED THIS YEAR WILL BE ON THE TIMETABLE PERMANENTLY.
- WE CONTINUE TO EMPLOY A MEMBER OF STAFF TO HELP MANAGE MOVEMENT OF CHILDREN BETWEEN THE SFO TO FRITIDS CLASSES AND CHECK THAT CHILDREN ARE WHERE THEY ARE SUPPOSED TO BE (AND THAT THEY GO BACK TO SFO AFTER THEIR ACTIVITY). FOR NON SFO CHILDREN IT REMAINS THE RESPONSIBILITY OF THEIR PARENT/CARER TO SUPERVISE CHILDREN.

**CONTACT RYGAARDS FRITIDS FORENING, BERNSTORFFSVEJ 54, 2900 HELLERUP  
EMAIL: [FRITIDS@RYGAARDS.COM](mailto:FRITIDS@RYGAARDS.COM)**



# WHO'S WHO

**Rachel Prowse - Part-time Fritids Coordinator (& parent Int'l dept)**

**Elly Harris (Chair, parent International dept)**

**Synne Clutton Diesen (Treasurer, parent International dept)**

**Vincente Mogens Eve (Staff Board rep & Teacher in Danish dept)**

**Tim Howard (Board Member, parent International dept)**

**P Shrihari (Board Member, parent International dept, Coding tutor)**

**Katrine Siedler (Board Member, parent International dept)**