

RYGAARDS FRITIDS NEWSLETTER

ISSUE 1

JUNE 2022

www.rygaardsfritid.com



Welcome to our first Newsletter from your new Fritids Team. We are very grateful for your support of the program and feel excited to continue creating a fun and engaging program for our school community to enjoy.

INTRODUCTION

Rygaards Fritidsforening 'after school activities association' is 'not for profit' and is run by an active board of parent volunteers ('The Board'). The Board of volunteers meets around 6 times during the year to ensure that things are running smoothly and that Fritids are offering exciting/varied activities. The Board are always looking for new volunteers who would like to join – it is a great chance to be involved in contributing positively towards after school enrichment opportunities.

Please contact fritids@rygaards.com if you are interested.

Rygaards Fritidsforening activities are part funded by fees/part funded by Gentofte municipal grants. Sign-up for classes takes place each semester, open to children in the International & Danish departments at Rygaards as well as children from across the Kommune (sign up is August and January). The Organisation rents classrooms from Rygaards School for the delivery of the program. Further info is found at www.rygaardsfritid.com

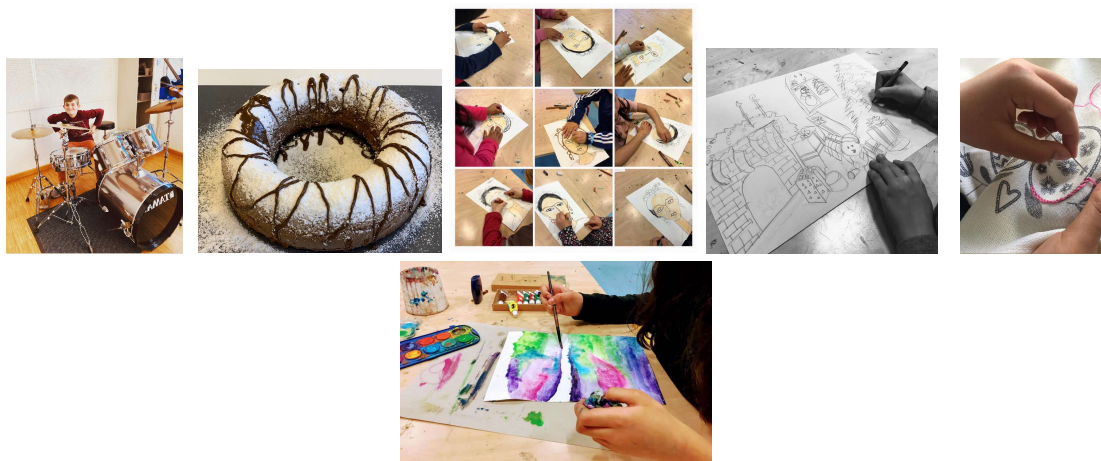
NEWS

This Spring semester has seen BIG changes in the volunteers helping with Fritids – with a new Board voted in, taking up office back in January and beginning to learn about the running of the Forening and the activities of Fritids at school. Our part-time Fritids Administrator, Rachel, was also new in post this academic year. Lots of changes and a lot to learn for everyone! We hope that we can continue to support and develop the Fritids program at school to enrich the experience of the children across the International & Danish Departments.

REVIEW

The Spring Semester got off to a delayed start (sorry to mention the ‘C’ word!) but Covid delayed and disrupted many activities until after the week 7 break, thanks to all parents for your understanding and flexibility, it was very much appreciated. We persevered and thankfully the children have really enjoyed their music classes, cookery, art, pottery, chess, football, badminton, dance, Harry Potter magic and specialist sessions of Move to Learn with Paula and Ms. Pearce. Some of the music teachers also put on small concerts for parents to come along to hear what their children had been learning, these were a really great way to engage the parents and we hope to do more of this in the coming year. The cookery students made many delicious dishes under Massimo’s expert guidance and enjoyed making bunt cakes, donuts, homemade beefburgers, and fresh pasta (to name a few) so no excuses for not helping in the kitchen at home! The Move to Learn students invited parents in to join their final session and all received a certificate from Paula. Lots of happy children and fun memories made this semester

A few photos from music, cookery, art, and needlework classes



Some useful Q and A's about the program

Q. Did you know Fritids is run by volunteers?

A. Fritids is an enrichment program, it is not 'wrap around after school care,' it is reliant on parent volunteer involvement (with one part-time admin person). Parents should supervise their children before activities. If kids attend SFO, then SFO staff send them to their Fritids activities but, if not, then parents should ensure that they plan to take their own children to activities and if necessary, may wait on campus while the activity takes place.

Q. When are the classes taking place?

A. Classes are run in two semesters (Autumn and Spring) each school year, generally in slots of 14 weeks each semester (always check your class booking confirmation for exact dates). Sign up is first come first served basis. Sign up day will be Saturday 20 Aug. 2022.

"I like trying different Fritids activities and the teachers are really fun & kind" William aged 9

WHAT'S NEW FOR AUTUMN 2022 SEMESTER?

New classes!!

- Two additional dance classes each week, with Emma (Little Movers) and Alice (Contemporary Dance teacher), keep an eye out when the brochure goes live.
- Paula Carneiro will also join us to deliver some great creative arts and crafts sessions. Paula ran a very successful class for younger children during her time as an expat in Qatar. We are really excited to have her on board with Fritids!
- Rashmi will add a new class 'Science is all around us' for younger students.
- Coding – we hope to have a new coding teacher to resume the Friday coding class next semester.
- Flute classes – a new flute teacher, Yael, will join Fritids to teach on a Monday.

New staff!! We have now recruited an additional member of staff to help manage the movement of children between the SFO to fritids classes and check that children are where they are supposed to be (and that they go back to SFO after their activity). For non SFO children it remains the responsibility of their parent/carer to supervise children.

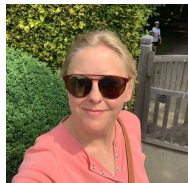
CONTACT Rygaards Fritids Forening, Bernstorffsvej 54, 2900 Hellerup email: fritids@rygaards.com

Have a wonderful summer!

Rygaards Fritids Forening – Board Members



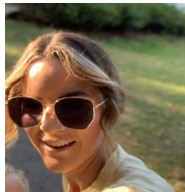
Marie Allen Schroeder (Chair, parent Danish dept)



Synne Clutton Diesen (Treasurer, parent International dept)



Vincente Mogens Eve (Staff Board rep & Teacher in Danish dept)



Cortney Mencke (Board Member, parent International dept)



P Shrihari (Board Member, parent International dept)



Danila Casale (Associate Board Member, parent International dept)



Rachel Prowse Part-time Fritids Coordinator (& parent Int'l dept)