The Fritid after school activities association is "not for profit", run by a board of parent volunteers. Fritids activities are part funded by fees and part funded by the Gentofte Kommune. Sign up for classes takes place each semester (in August and in January). For the Fritid office contact: 51 95 24 67, fritids@rygaards.com

- Registration is binding and non-refundable. Go to www.rygaardsfritid.com to register and enrol for the different activities.

- We reserve the right to cancel classes or make changes to classes if deemed necessary

- Classes will open for sign up from the announced time

- We regret that activities can only run if there is sufficient enrolment for a viable class.

- In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS.

- Lessons missed because of the child’s absence (due to illness, travelling etc.) will not be replaced or reimbursed.

- Rygaards Fritids reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.

- Teachers are contracted to Fritids each semester.

- REMEMBER INSURANCE: The child’s participation in the activities is at the parent’s own risk.

- Fees cover lessons for the period as stated. Individual music lessons: 25 min. of teaching + 5 min. administration time. Sports activities: 60 min.+ time for clean-up/changing. Other lessons: 50 minutes + 10 minutes for clean-up. Prices may vary where some teachers elect to work on a voluntary (unsalaried) basis and depending on equipment and materials requirements. Membership fee (25 Kr) is collected at first registration in each semester.

Registration opens on Saturday, January 11th at 10:00 at www.rygaardsfritid.com
Activities will start in week 5 (January 27th)

*Classes are held on the campus of Rygaards school (Hellerup) but you do not have to be a student at school to join.

www.rygaardsfritid.com
Chess Skak
Skak begynder! let øvede (6+år)
900 kr. (14 uger)
Onsdag 13:50-14:50
Lærer: Vicente Christensen
Sprog DK
Chess begin/interm. (age 6+)
900 Kr per 14 weeks
Wed 14:50-15:50
Teacher: Vicente Christensen
Instruction UK/DK
Chess advanced (age 6+)
900 Kr per 14 weeks
Mon 14:50-15:50
Teacher: Vicente Christensen
Instruction UK/DK

Teodoshvili
level II  (age 11+)
Ludvig Puggaard
Published 2023

Choir Kor
Børnecor og solfège (8-14 år)
900 kr. (14 uger)
Torsdag 14:00-15:00
Teacher: Agneta Mei Hytten
Sprog: DK

Children’s Choir&Solfège
(age 5-8)
900 Kr per 14 weeks
Thu 15:00-16:00
Teacher: Agneta Mei Hytten
Instruction UK/DK

Frimærker
Frimærker klub
900 kr. (14 uger)
Fredag 13:05-13:50
Lærer: Vicente Christensen
Sprog DK

Sport
Football (age 8-9)
900 Kr per 14 weeks
Fri 15:30-16:30
Teacher: Per Jacobsen
Instruction UK/DK

Football (age 6-7)
900 Kr per 14 weeks
Mon 15:00-16:00
Teacher: Per Jacobsen
Instruction UK/DK

Play gym (age 6-9)
900 Kr per 14 weeks
Wed 14:45-16:00
Teacher: Vera Maskova
Instruction UK

Introduction to fencing
(age 7-11)
750 Kr per 10 weeks
Tue 15:00-16:00
Teacher: Helleerup Fencing
Club, Instruction UK

Badminton (age 8-11)
900 Kr per 14 weeks
Tue 15:00-16:00
Teacher: Per Jacobsen
Instruction UK

Badminton (age 8-11)
900 Kr per 14 weeks
Mon 14:00-15:00
Underviser: Per Jacobsen
Instruction DK

Tennis
Tennis (age 5-7)
900 Kr per 14 weeks
Sat 09:00-10:00
Teacher: Mariami Teodoshvili
Instruction: UK/DK

Tennis (age 8+)
900 Kr per 14 weeks
Sat 10.00 - 11.00
Teacher: Mariami Teodoshvili
Instruction: UK/DK

Dance&Dans &Bevægelse
Creative Movement (age 4-5)
650 Kr per 10 weeks
Tue 15:00-16:00
Teacher: Emma Davies-Andersen
Instruction UK

Body Expression class (age 10-14)
900 Kr per 14 weeks
Fri 15:00-16:00
Teacher: Isabel Cuc Jensen
Instruction UK

Cooking class
Madlavning
Young Chefs (age 8 to 9)
1700 Kr per 14 weeks
Tue 15:00-17:00
Teacher: Massimo Ricci
Instruction UK/Italian

Young Chefs (age 10+)
1700 Kr per 14 weeks
Thu 15:00-17:00
Teacher: Massimo Ricci
Instruction UK/Italian

Young Chefs (age 9 to 11)
1700 Kr per 14 weeks
Wed 15:00-17:00
Teacher: Massimo Ricci
Instruction UK/Italian

Music Musik
Individual music lessons (30 min). 2900 Kr per 14 weeks
Daytimeslot selected at registration.

Piano
Teachers: Olga Nikulina,
Franciska Laursen
Agnete Mei Hytten
Juliane P Rothmaler
Instruction UK/DK

Classical Spanish guitar/ukulele
Teacher: Trung Hoa Tran
Instruction UK/DK

Violin
Teacher: Olga Nikulina
Instruction UK/DK/Russian

Recorder
Teacher: Juliane P Rothmaler
Instruction UK/DK/German

El.guitar/drums/keyboard
Music composition/Bands
Teacher: Angel D’Angelov
Instruction UK/DK
For band playing/music groups, please contact the office

El.guitar/drums
Teacher: Kristian Hoffmann
Instruction UK/DK

Keyboard/drums
Teacher: Ludvig Puggaard-Muller
Instruction UK/DK

Classical Singing (age 8+)
Teacher: Olga Nikulina,
Instruction UK/DK

Art&Crafts Kreative fag
Keramik (6+år)
900 Kr (14 uger)
Fri 15:00-16:00
Teacher: Vicente Christensen
Instruction UK/DK

Pottery (age 6+)
900 Kr per 14 weeks
Fri 14:50-15:50
Teacher: Vicente Christensen
Instruction UK

DRAWING CLASSES:
Tegn og Mal (7-10 år)
1300 Kr (14 uger)
Torsdag 14:00-15:30 (1½time)
Lærer Christine Lohmann
Sprog: DK

Drawing & painting (age 7-10)
1300 Kr per 14 weeks
Thu 15:30-17:00 (1½ hour)
Teacher: Christine Lohmann
Instruction UK

Art Adventure (age 5-7)
900 Kr per 14 weeks
Wed 15:00-16:00
Teacher: Debudutta Dasgupta
Instruction UK

Art Adventure (age 8-14)
900 Kr per 14 weeks
Wed 16:00-17:00
Teacher: Debudutta Dasgupta
Instruction UK

Decoupage og collage (age 7-12)
900 Kr per 14 weeks
Tue 15:00-16:00
Teacher: Kristine Nielsen
Instruction UK

Little reporters (age: 7-11)
900 Kr per 14 weeks
Fri 16:00-17:00
Teacher: Rashmi Jethani
Instruction UK

Other activities
Art History (age 10-12)
900 Kr per 14 weeks
Tue 16:00-17:00
Teacher: Kristine Nielsen
Instruction UK

Harry Potter inspired magic
(age: 6-10)
900 Kr per 14 weeks
Fri 15:00-16:00
Teacher: Rashmi Jethani
Instruction UK

This program may be subject to change. Please visit www.rygaardsfritid.com for detailed information.