

The Fritid after school activities association is "not for profit",
run
by a board of parent volunteers. Fritids activities are part
funded by
fees and part funded by the Gentofte Kommune.
Sign up for classes takes place each semester
(in August and in January).
For the Fritid office contact: 51 95 24 67,

fritids@rygaards.com

- **Registration is binding and non-refundable.** Go to www.rygaardsfritid.com to register and enrol for the different activities.
- We reserve the right to cancel classes or make changes to classes if deemed necessary
- Classes will open for sign up from the announced time
- We regret that activities can only run if there is sufficient enrolment for a viable class.
- In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS.
- Lessons missed because of the child's absence (due to illness, travelling etc.) will not be replaced or reimbursed.
- Rygaards Fritids reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.
- Teachers are contracted to Fritids each semester.
- **REMEMBER INSURANCE: The child's participation in the activities is at the parent's own risk.**
- Fees cover lessons for the period as stated. Individual music lessons: 25 min. of teaching + 5 min. administration time. Sports activities: 60 min.+ time for clean-up/changing. Other lessons: 50 minutes + 10 minutes for clean-up. Prices may vary where some teachers elect to work on a voluntary (unpaid) basis and depending on equipment and materials requirements. Membership fee (25 Kr) is collected at first registration in each semester



Rygaards Fritidsforening

Extra Curricular Activities September-December 2019



Registration opens on Saturday, August 17th at 10:00 at
www.rygaardsfritid.com
Activities will start in week 36 (September 2nd)

***Classes are held on the campus of Rygaards school (Hellerup) but you do not have to be a student at school to join.**

www.rygaardsfritid.com

Bernstorffsvej 54 · 2900 Hellerup · Tel. 51 95 24 67, call between 14:00-16:00 or send text · email: fritids@rygaards.com Go to website for more information

Chess Skak

Skak begynder/ let øvede (6+år)

900 kr. (14 uger)

Onsdag 13:50-14:50

Lærer: Vicente Christensen

Sprog DK

Chess begin/interm. (age 6+)

900 Kr per 14 weeks

Wed 14:50-15:50

Teacher: Vicente Christensen

Instruction UK

Chess advanced (age 6+)

900 Kr per 14 weeks

Mon 14:50-15:50

Teacher: Vicente Christensen

Instruction UK/DK

Choir Kor

Børnekor og solfege (8-14 år)

900 kr. (14 uger)

Torsdag 14:00-15:00

Teacher: Agneta Mei Hytten

Sprog: DK

Children's Choir&Solfege

(age 5-8)

900 Kr per 14 weeks

Thu 15:00-16:00

Teacher: Agneta Mei Hytten

Instruction UK/DK

Cooking class

Madlavning

Young Chefs (age 8 to 9)

1700 Kr per 14 weeks

Tue 15:00-17:00

Teacher: Massimo Ricci

Instruction UK/Italian

Young Chefs (age 10+)

1700 Kr per 14 weeks

Thu 15:00-17:00

Teacher: Massimo Ricci

Instruction UK/Italian

Sport

Football (age 8-9)

900 Kr per 14 weeks

Fri 15:30-16:30

Teacher: Per Jacobsen

Instruction UK/DK

Football (age 6-7)

900 Kr per 14 weeks

Mon 15:00-16:00

Teacher: Per Jacobsen

Instruction UK/DK

Play gym (age 6-9)

900 Kr per 14 weeks

Wed 14:45-16:00

Teacher: Vera Maskova

Instruction UK

Introduction to fencing (age 7-11)

1000 Kr per 14 weeks

Tue 15:00-16:00

Teacher: Hellerup Fencing

Club, Instruction UK

Badminton (age 8-11)

900 Kr per 14 weeks

Tue 15:00-16:00

Teacher: Per Jacobsen

Instruction UK/DK

Tennis

Tennis (age 5-6)

900 Kr per 14 weeks

Sat 09:00- 10:00

Teacher: Mariami Teodosvili

Instruction: UK/DK

Tennis (age 7-8)

900 Kr per 14 weeks

Sat 10.00 - 11.00

Teacher Mariami Teodosvili

Instruction: UK/DK

Tennis (age 9+)

900 Kr per 14 weeks

Sat 11.00 - 12.00

Teacher: Mariami Teodosvili

Instruction: U/DK

Dance&Movement Dans&Bevægelse

Creative Movement (age 4-5)

900 Kr per 14 weeks

Tue 15:00-16:00

Teacher: Emma Davies-Andersen

Instruction UK

Dancefloor master (age 8-12)

900 Kr per 12 weeks

Friday 16:00-17:00

Teacher: Ivan Kiselev

Instruction UK/DK

Languages Sprog

Italian for beginners (age 6-12)

1000 Kr per 14 weeks

Thu 14:50-15:50

Teacher: Alba Granizio

Instruction UK/DK

Italian for advanced/native speakers (age 6-12)

1000 Kr per 14 weeks

Thu 15:50-16:50

Teacher: Alba Granizio

Instruction UK/DK

Spansk for nybegyndere (age 7-12)

1000 Kr per 14 weeks

Wed 14:00-15:00

Teacher: Emma Christensen

Instruction DK

Frimærker

Frimærker klub

900 kr. (14 uger)

Fredag 13:05-13:50

Lærer: Vicente Christensen

Sprog DK

YOGA&MEDITATION

Mindfulness class (age 7-12)

1300 Kr per 14 weeks

Fri 15:00-16:00

Teacher: Deepshikha Daga

Instruction UK

Music Musik

Individual music lessons (30 min). 2900 Kr per 14 weeks

Day/timeslot selected at
registration.

Piano

Teachers: Olga Nikulina,

Franciska Laursen

Agneta Mei Hytten

Juliane P Rothmaler

Instruction UK/DK

Classical Spanish guitar

Teacher: Trung Hoa Tran

Instruction UK/DK

Ukulele

Teacher: Trung Hoa Tran

Instruction UK/DK

Violin

Teacher: Olga Nikulina

Instruction UK/DK/Russian

Recorder

Teacher: Juliane P Rothmaler

Instruction UK/DK/German

El.guitar/drums/keyboard

Teachers: Angel D'Angelov,

Kristian Hoffmann

Instruction UK/DK

Keyboard/drums

Teacher: Ludvig Puggaard-

Muller

Instruction UK/DK

Classical Singing (age 8+)

Teacher: Olga Nikulina,

Instruction UK/DK

Music composition/Bands

Teacher Angel D'Angelov

Instruction UK/DK

For band playing/music groups

please contact the office

Art&Crafts Kreative fag

Keramik (6+år)

900 Kr (14 uger)

Fredag 13:50-14:50

Lærer: Vicente Christensen

Sprog:DK

Pottery (age 6+)

900 Kr per 14 weeks

Fri 14:50-15:50

Teacher: Vicente Christensen

Instruction UK

Jewelry making (age 7+)

1300 kr per 14 weeks

Tue 15:00-16:30

Teacher: Eleonora Caponnetto

Instruction UK

DRAWING CLASSES:

Tegn og Mal (7-10 år)

1300 Kr (14 uger)

Torsdag 14:00-15:30 (1½time)

Lærer Christine Lohmann

Sprog: DK

Drawing & painting (age 7-10)

1300 Kr per 14 weeks

Thu 15:30-17:00 (1½ hour)

Teacher: Christine Lohmann

Instruction UK

Art Adventure (5-7)

900 Kr per 14 weeks

Wed 15:00-16:00

Teacher:Debdutta Dasgupta

Instruction UK

Art Adventure (8-14)

900 Kr per 14 weeks

Wed 16:00-17:00

Teacher:Debdutta Dasgupta

Instruction UK

Visual Design (8-14)

1000 Kr per 14 weeks

Fri 15:00-16:00

Teacher:Debdutta Dasgupta

Instruction UK

Technology and Innovation classes

Games Developmen with Stencyl and Unity (age 12+)

1300 Kr per 14 weeks

Mon 15:00-17:00

Teacher: Atle Winther

Instruction UK/DK

Fun Python level I (age 11+)

1300 Kr per 14 weeks

Tue 15:00-17:00

Teacher: Atle Winther

Instruction UK/DK

Fun Python level II (age 11+)

1300 Kr per 14 weeks

Wed 15:00-17:00

Teacher: Atle Winther

Instruction UK/DK

Web design with HTML, CSS and Javascript (age 11+)

1300 Kr per 14 weeks

Fri 15:00-17:00

Teacher: Atle Winther

Instruction UK/DK

This program may
be subject to
change.
Please visit
www.rygaardsfritid.com
for detailed
information.