

The Fritid after school activities association is "not for profit", run by a board of parent volunteers. Fritids activities are part funded by fees and part funded by the Gentofte Kommune. Sign up for classes takes place each semester (in August and in January).

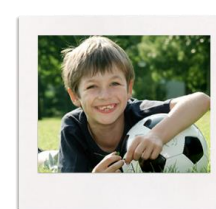
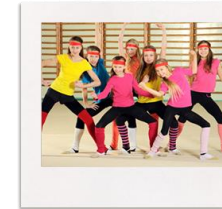
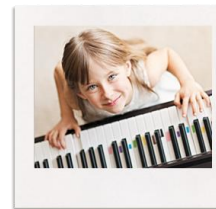
For the Fritid office contact: 51952436, [fritids@rygaards.com](mailto:fritids@rygaards.com)

- Registration is binding. Go to [www.rygaardsfritid.com](http://www.rygaardsfritid.com) to register and enrol for the different activities.
- We reserve the right to cancel classes or make changes to classes if deemed necessary
- Classes will open for sign up from the announced time
- We regret that activities can only run if there is sufficient enrolment for a viable class.
- In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS.
- Lessons missed because of the child's absence (due to illness, travelling etc.) will not be replaced or reimbursed.
- Rygaards Fritid reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.
- Teachers are contracted to Fritid each semester.
- **REMEMBER INSURANCE:** The child's participation in the activities is at the parent's own risk.
- Fees cover lessons for the period as stated. Individual music lessons: 25 min. of teaching + 5 min. administration time. Sports activities: 60 min.+ time for clean-up/changing. Other lessons: 50 minutes + 10 minutes for clean-up. Prices may vary where some teachers elect to work on a voluntary (unpaid) basis and depending on equipment and materials requirements. Membership fee (25 Kr) is collected at first registration in each semester



# Rygaards Fritidsforening

## Extra Curricular Activities September-December 2018



**Registration opens on August 18th at 10:00 at**  
**[www.rygaardsfritid.com](http://www.rygaardsfritid.com)**  
**Activities will start in week 36 (September 3<sup>rd</sup>)**  
**Classes are held on the campus of Rygaards school (Hellerup)**  
**but you do not have to be a student at school to join.**

**[www.rygaardsfritid.com](http://www.rygaardsfritid.com)**

Bernstorffsvej 54 · 2900 Hellerup · Tel. 51952436, call between 14:00-16:00  
or send text · email: [fritids@rygaards.com](mailto:fritids@rygaards.com) Go to website for more information

## Chess

### Chess beginners/intermediate

700 Kr per 14 weeks

Wed 14:50-15:50

Teacher: Vicente Christensen  
Instruction UK/DK

### Chess advanced

700 Kr per 14 weeks

Mon 14:50-15:50

Teacher: Vicente Christensen  
Instruction UK/DK

## Choir



### DoReMi (age 5-8)

700 Kr per 14 weeks

Thur 15:00-16:00

Teacher: Agneta Mei Hytten  
Instruction UK

### Music ABC/Theory (age 6-14)

700 Kr per 14 weeks

Thu 16:00-17:00

Teacher: Agneta Mei Hytten  
Instruction UK

## Cooking class

### Young Chefs (age 8 to 10)

1500 Kr per 14 weeks

Wed 15:00-17:00

Teacher: Massimo Ricci  
Instruction UK/Italian

### Young Chefs (age 10+)

1500 Kr per 14 weeks

Mon 15:00-17:00

Teacher: Massimo Ricci  
Instruction UK/Italian

## Sports

### Football (age 7-9)

700 Kr per 14 weeks

Fri 15:00-16:00

Teacher: Per Jacobsen  
Instruction UK/DK

### Football/futsal (age 10-15)

1050 Kr per 14 weeks

Sat 09:00-10:30

Teacher: Eleonora  
Caponnetto, Instruction UK

### Play gym (age 8-9)

700 Kr per 14 weeks

Mon 14:45-16:00

Teacher: Vera Maskova  
Instruction UK

### Play gym (age 5-6)

700 Kr per 14 weeks

Wed 14:45-16:00

Teacher: Vera Maskova  
Instruction UK

### Play gym (age 6-7)

700 Kr per 14 weeks

Tue 14:45-16:00

Teacher: Vera Maskova  
Instruction UK

### Volleyball (age 8-14)

700 Kr per 14 weeks

Sat 10:30-12:00

Teacher: Gentofte Volley  
Instruction UK/DK

### Karate (age 6-8)

200 Kr per 14 weeks

(+300kr exam fee)

Mon 18:00-19:00

Teacher: Joseph Magt  
Instruction UK

### Karate (age 9+)

200 Kr per 14 weeks

(+300kr exam fee)

Mon 19:00-20:30

Teacher: Joseph Magt  
Instruction UK

### Introduction to fencing (age 7-11)

1000 Kr per 14 weeks

Mon 15:00-16:00

Teacher: Hellerup Fencing  
Club, Instruction UK

## Dance & Movement

### For Reception Class:

#### Creative Movement (age 4-5)

700 Kr per 14 weeks

Tue 15:00-16:00

Teacher: Emma Davies-Andersen  
Instruction UK

#### Creative Movement (age 5-7)

700 Kr per 14 weeks

Tue 16:00-17:00

Teacher: Emma Davies-Andersen  
Instruction UK

### Fun Style Latin (age 6-7)

700 Kr per 14 weeks

Wed 15:00-16:00

Teacher: Ivan Kiselev  
Instruction UK/DK

### Fun Style Latin (age 8-10)

700 Kr per 14 weeks

Wed 16:00-17:00

Teacher: Ivan Kiselev  
Instruction UK/DK

## Tennis

### Tennis for beginners indoors (age 5-8)

1250 Kr per 14 weeks

Tue 15:00 - 16:00

Teacher: SuperDuper Tennis  
Instruction: UK

### Tennis for beginners outdoors (age 5-8)

625 Kr per 7 weeks

Tue 16:00 - 17:00

Teacher: SuperDuperTennis  
Instruction: UK

### Tennis advanced (age 7-8)

625 Kr per 7 weeks

Thu 15:00 - 16:00

Teacher: SuperDuperTennis  
Instruction: UK

## Music: Individual music lessons (30 min).

2750 Kr per 14 weeks

Day/timeslot selected at registration.

### Piano

Teachers: Olga Nikulina,  
Anna Nikolova,  
Juliane P Rothmaler  
Instruction UK/DK

### Classical Spanish guitar

Teacher: Trung Hoa Tran  
Instruction UK/DK

### Ukulele

Teacher: Trung Hoa Tran  
Instruction UK/DK

### Violin

Teacher: Olga Nikulina  
Instruction UK/DK/Russian

### Trumpet (modern/baroque)

Teacher: Justin Bland  
Instruction UK

### Guitar/drums/keyboard

Teacher: Angel D'Angelov,  
Kristian Hoffmann  
Instruction UK/DK

### Keyboard/drums

Teacher: Ludvig Puggaard-  
Muller  
Instruction UK/DK

### Recorder

Teacher: Juliane P Rothmaler  
Instruction UK/DK/German

### Classical Singing (age 8+)

Teachers: Olga Nikulina,  
Juliane P Rothmaler  
Instruction UK/DK

### Music composition/Bands

Teacher Angel D'Angelov  
Instruction UK/DK  
For band playing/music groups  
please contact the office

## Art & Crafts

### Pottery

800 Kr per 14 weeks

Fri 14:50-15:50

Teacher: Vicente Christensen  
Instruction UK

### Jewelry making (age 7+)

1200 kr per 14 weeks

Tue 15:00-16:30

Teacher: Eleonora Caponnetto  
Instruction UK

## DRAWING CLASSES:

### Drawing & painting (age 7-10)

1100 Kr per 14 weeks

Thu 16:30-18:00 (1½ hour)

Teacher: Christine Lohmann  
Instruction UK

### Fairytale Art Class

(6-12)

800 Kr per 14 weeks

Wed 15:00-16:00

Teacher: Henriette Levinsen  
Instruction UK/DK

## RCC club

### RCcars (age 9 to 13)

750 Kr per 14 weeks

Wed 15:00-16:00

Teacher: Luke Wilderspin  
Instruction UK

### YOGA&MEDITATION

#### Mindfulness class (age 7-12)

1150 Kr per 14 weeks

Fri 15:00-16:00

Teacher: Deepshikha Daga  
Instruction UK

## Smart Fun:

### Games Development with

#### Scratch (age 7+)

1500 Kr per 14 weeks

Mon 15:00-16:00

Teacher: SmartFunCo  
Instruction UK

### Coding Python for beginners (age: 10+)

1200 Kr per 12 weeks

Mon 16:00-17:00

Teacher: SmartFunCo  
Instruction UK

### Introduction to Robotics Level 1 (ages: 8+)

1500 Kr per 12 weeks

Tue 15:00-16:00

Teacher: SmartFunCo  
Instruction UK

### Coding Python level 2 (age: 10+)

1200 Kr per 12 weeks

Tue 16:00-17:00

Teacher: SmartFunCo  
Instruction UK

## Languages

### Italian for beginners (age 6-12)

950 Kr per 14 weeks

Thu 14:50-15:50

Teacher: Alba Granizio  
Hansen  
Instruction UK/DK

### Italian for advanced/native speakers (age 6-12)

950 Kr per 14 weeks

Thu 15:50-16:50

Teacher: Alba Granizio  
Hansen  
Instruction UK/DK

### Fun Spanish for beginners (age 8-12)

950 Kr per 14 weeks

Thu 15:00-16:00

Teacher: Victoria  
Christensen  
Instruction UK/DK



This program may be subject to change. Please visit [www.rygaardsfritid.com](http://www.rygaardsfritid.com) for detailed information.