

The Fritid after school activities association is "not for profit", run by a board of parent volunteers. Fritids activities are part funded by fees and part funded by the Gentofte Kommune. Sign up for classes takes place each semester (in August and in January).

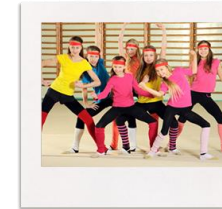
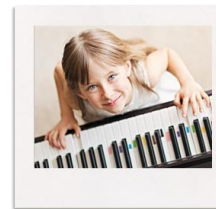
For the Fritid office contact: 51952436, fritids@rygaards.com

- Registration is binding. Go to www.rygaardsfritid.com to register and enrol for the different activities.
- We reserve the right to cancel classes or make changes to classes if deemed necessary
- Classes will open for sign up from the announced time
- We regret that activities can only run if there is sufficient enrolment for a viable class.
- In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS.
- Lessons missed because of the child's absence (due to illness, travelling etc.) will not be replaced or reimbursed.
- Rygaards Fritid reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.
- Teachers are contracted to Fritid each semester.
- **REMEMBER INSURANCE:** The child's participation in the activities is at the parent's own risk.
- Fees cover lessons for the period as stated. Individual music lessons: 25 min. of teaching + 5 min. administration time. Sports activities: 60 min.+ time for clean-up/changing. Other lessons: 50 minutes + 10 minutes for clean-up. Prices may vary where some teachers elect to work on a voluntary (unsalaried) basis and depending on equipment and materials requirements. Membership fee (25 Kr) is collected at first registration in each semester



Rygaards Fritidsforening

Extra Curricular Activities September-December 2018



Registration opens on August 18th at 10:00 at
www.rygaardsfritid.com
Activities will start in week 36 (September 3rd)
Classes are held on the campus of Rygaards school (Hellerup)
but you do not have to be a student at school to join.

www.rygaardsfritid.com

Bernstorffsvej 54 · 2900 Hellerup · Tel. 51952436, call between 14:00-16:00
or send text · email: fritids@rygaards.com Go to website for more information

Chess

Chess beginners/intermediate

700 Kr per 14 weeks

Wed 14:50-15:50

Teacher: Vicente Christensen
Instruction UK/DK

Chess advanced

700 Kr per 14 weeks

Fri 14:50-15:50

Teacher: Vicente Christensen
Instruction UK/DK

Choir



DoReMi (age 5-8)

700 Kr per 14 weeks

Thur 15:00-16:00

Teacher: Agneta Mei Hytten
Instruction UK

Music ABC/Theory (age 6-14)

700 Kr per 14 weeks

Thu 16:00-17:00

Teacher: Agneta Mei Hytten
Instruction UK

Cooking class

Young Chefs (age 8 to 10)

1500 Kr per 14 weeks

Wed 15:00-17:00

Teacher: Massimo Ricci
Instruction UK/Italian

Young Chefs (age 10+)

1500 Kr per 14 weeks

Mon 15:00-17:00

Teacher: Massimo Ricci
Instruction UK/Italian

Sports

Football (age 7-9)

700 Kr per 14 weeks

Fri 15:00-16:00

Teacher: Per Jacobsen
Instruction UK/DK

Football/futsal (age 10-15)

1050 Kr per 14 weeks

Sat 09:00-10:30

Teacher: Eleonora
Caponnetto, Instruction UK

Play gym (age 8-9)

700 Kr per 14 weeks

Mon 14:45-16:00

Teacher: Vera Maskova
Instruction UK

Play gym (age 5-6)

700 Kr per 14 weeks

Wed 14:45-16:00

Teacher: Vera Maskova
Instruction UK

Play gym (age 6-7)

700 Kr per 14 weeks

Tue 14:45-16:00

Teacher: Vera Maskova
Instruction UK

Volleyball (age 8-14)

700 Kr per 14 weeks

Sat 10:30-12:00

Teacher: Gentofte Volley
Instruction UK/DK

Karate (age 6-8)

200 Kr per 14 weeks

(+300kr exam fee)

Mon 18:00-19:00

Teacher: Joseph Magt
Instruction UK

Karate (age 9+)

200 Kr per 14 weeks

(+300kr exam fee)

Mon 19:00-20:30

Teacher: Joseph Magt
Instruction UK

Introduction to fencing (age 7-11)

1000 Kr per 14 weeks

Mon 15:00-16:00

Teacher: Hellerup Fencing
Club, Instruction UK

Dance & Movement

For Reception Class:

Creative Movement (age 4-5)

700 Kr per 14 weeks

Tue 15:00-16:00

Teacher: Emma Davies-Andersen
Instruction UK

Creative Movement (age 5-7)

700 Kr per 14 weeks

Tue 16:00-17:00

Teacher: Emma Davies-Andersen
Instruction UK

Fun Style Latin (age 6-7)

700 Kr per 14 weeks

Wed 15:00-16:00

Teacher: Ivan Kiselev
Instruction UK/DK

Fun Style Latin (age 8-10)

700 Kr per 14 weeks

Wed 16:00-17:00

Teacher: Ivan Kiselev
Instruction UK/DK

Tennis

Tennis for beginners indoors (age 5-8)

1250 Kr per 14 weeks

Tue 15:00 - 16:00

Teacher: SuperDuper Tennis
Instruction: UK

Tennis for beginners outdoors (age 5-8)

625 Kr per 7 weeks

Tue 16:00 - 17:00

Teacher: SuperDuperTennis
Instruction: UK

Tennis advanced (age 7-8)

625 Kr per 7 weeks

Thu 15:00 - 16:00

Teacher: SuperDuperTennis
Instruction: UK

Music: Individual music lessons (30 min).

2750 Kr per 14 weeks

Day/timeslot selected at registration.

Piano

Teachers: Olga Nikulina,
Anna Nikolova,
Juliane P Rothmaler
Instruction UK/DK

Classical Spanish guitar

Teacher: Trung Hoa Tran
Instruction UK/DK

Ukulele

Teacher: Trung Hoa Tran
Instruction UK/DK

Violin

Teacher: Olga Nikulina
Instruction UK/DK/Russian

Trumpet (modern/baroque)

Teacher: Justin Bland
Instruction UK

Guitar/drums/keyboard

Teacher: Angel D'Angelov,
Kristian Hoffmann
Instruction UK/DK

Keyboard/drums

Teacher: Ludvig Puggaard-
Muller
Instruction UK/DK

Recorder

Teacher: Juliane P Rothmaler
Instruction UK/DK/German

Classical Singing (age 8+)

Teachers: Olga Nikulina,
Juliane P Rothmaler
Instruction UK/DK

Music composition/Bands

Teacher Angel D'Angelov
Instruction UK/DK
For band playing/music groups
please contact the office

Art & Crafts

Pottery

800 Kr per 14 weeks

Fri 14:50-15:50

Teacher: Vicente Christensen
Instruction UK

Jewelry making (age 7+)

1200 kr per 14 weeks

Tue 15:00-16:30

Teacher: Eleonora Caponnetto
Instruction UK

DRAWING CLASSES:

Drawing & painting (age 7-10)

1100 Kr per 14 weeks

Thu 16:30-18:00 (1½ hour)

Teacher: Christine Lohmann
Instruction UK

Fairytale Art Class

(6-12)

800 Kr per 14 weeks

Wed 15:00-16:00

Teacher: Henriette Levinsen
Instruction UK/DK

RCC club

RCcars (age 9 to 13)

750 Kr per 14 weeks

Wed 15:00-16:00

Teacher: Luke Wilderspin
Instruction UK

YOGA&MEDITATION

Mindfulness class (age 7-12)

1150 Kr per 14 weeks

Fri 15:00-16:00

Teacher: Deepshikha Daga
Instruction UK

Smart Fun:

Games Development with

Scratch (age 7+)

1500 Kr per 14 weeks

Mon 15:00-16:00

Teacher: SmartFunCo
Instruction UK

Coding Python for beginners (age: 10+)

1200 Kr per 12 weeks

Mon 16:00-17:00

Teacher: SmartFunCo
Instruction UK

Introduction to Robotics Level 1 (ages: 8+)

1500 Kr per 12 weeks

Tue 15:00-16:00

Teacher: SmartFunCo
Instruction UK

Coding Python level 2 (age: 10+)

1200 Kr per 12 weeks

Tue 16:00-17:00

Teacher: SmartFunCo
Instruction UK

Languages

Italian for beginners (age 6-12)

950 Kr per 14 weeks

Thu 14:50-15:50

Teacher: Alba Granizio
Hansen
Instruction UK/DK

Italian for advanced/native speakers (age 6-12)

950 Kr per 14 weeks

Thu 15:50-16:50

Teacher: Alba Granizio
Hansen
Instruction UK/DK

Fun Spanish for beginners (age 8-12)

950 Kr per 14 weeks

Thu 15:00-16:00

Teacher: Victoria
Christensen
Instruction UK/DK



This program may be subject to change. Please visit www.rygaardsfritid.com for detailed information.