Registration is binding and nonrefundable. Go to www.rygaardsfritid.com to register and enrol for the different activities.

We reserve the right to cancel classes or make changes to classes if deemed necessary.

Classes will open for sign up from the announced time.

We regret that activities can only run if there is sufficient enrolment for a viable class.

In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS.

Lessons missed because of the child’s absence (due to illness, travelling etc.) will not be replaced or reimbursed.

Rygaards Fritid reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.

Teachers are contracted to Fritid each semester.

REMEMBER INSURANCE: The child’s participation in the activities is at the parent’s own risk.

Fees cover lessons for the period as stated. Individual music lessons: 25 min. of teaching + 5 min. administration time. Sports activities: 60 min. + time for clean-up/changing. Other lessons: 50 minutes + 10 minutes for clean-up. Prices may vary where some teachers elect to work on a voluntary (unsalaried) basis and depending on equipment and materials requirements. Membership fee (25 Kr) is collected at first registration in each semester.

Extra Curricular Activities January-May 2019

Registration opens on Saturday, January 5th at 10:00 at www.rygaardsfritid.com

Activities will start in week 5 (January 28th)

Classes are held on the campus of Rygaards school (Hellerup) but you do not have to be a student at school to join.

www.rygaardsfritid.com
**Cooking class**

**Madlavning**

**Young Chefs (age 8 to 10)**
1500 Kr per 14 weeks
Wed 15:00-17:00
Teacher: Massimo Ricci
Instruction: UK/Italian

**Young Chefs (age 10+)**
1500 Kr per 14 weeks
Mon 15:00-17:00
Teacher: Massimo Ricci
Instruction: UK/Italian

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**Sports**

**Football (age 7-9)**
700 Kr per 14 weeks
Wed 15:00-16:00
Teacher: Per Jacobsen
Instruction: UK/DK

**Play gym (age 8-9)**
650 Kr per 12 weeks
Mon 14:45-16:00
Teacher: Vera Maskova
Instruction: UK

**Karate (age 6-8)**
200 Kr per 14 weeks + federation exam fee (500dkk)
Mon 18:00-19:00
Teacher: Joseph Magt
Instruction: UK/DK

**Introduction to fencing (age 7-11)**
1000 Kr per 14 weeks
Tue 15:00-16:00
Teacher: Hellelup Fencing Club, Instruction: UK

**Music**

**Individual music lessons (30 min.)**
2750 Kr per 14 weeks
Daytimeslot selected at registration.

**Dance & Movement**

**Dans & Bevægelse**

**For Reception Class:**

**Creative Movement (age 4-5)**
700 Kr per 14 weeks
Tue 15:00-16:00
Teacher: Emma Davies-Andersen
Instruction: UK

**Creative Movement (age 6-7)**
700 Kr per 14 weeks
Tue 16:00-17:00
Teacher: Emma Davies-Andersen
Instruction: UK

**Fun Style Latin (age 6-8)**
700 Kr per 14 weeks
Wed 15:00-16:00
Teacher: Ivan Kiselev
Instruction: UK/DK

**Tennis**

**Tennis (age 5-6)**
700 Kr per 14 weeks
Sat 09:00 - 10:00
Teacher: Mariami Teodoshvili
Instruction: UK/DK

**Tennis (age 7-8)**
700 Kr per 14 weeks
Sat 10:00 - 11:00
Teacher: Mariami Teodoshvili
Instruction: UK/DK

**Tennis (age 9+)**
700 Kr per 14 weeks
Sat 11:00 - 12:00
Teacher: Mariami Teodoshvili
Instruction: UK/DK

**Music composition/Bands**

Teacher: Angel D’Angelov
Instruction: UK/DK

**Art & Crafts**

**Creative fag**

**Keramik (6+år)**
800 Kr (14 uger)
Fri 13:00-14:00
Teacher: Vicente Christensen
Instruction: UK

**Yoga & Meditation**

**Mindfulness class (age 7-12)**
1150 Kr per 14 weeks
Fri 15:00-16:00
Teacher: Deepshikha Daga
Instruction: UK

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**More information coming soon!**