



Rygaards Fritids Forening

SPRING SEMESTER 2025



online Sign up open:

Saturday 11 January
at 09:00

Sign up via
www.rygaardsfritid.com



From Monday 27 January classes run for 14 weeks unless advertised otherwise (with break during the week 7 holiday & Easter holiday) Spring Semester dates: 27 January to 16 May

Activities start from 27 Jan

Description

The Fritids after school activities association “not for profit”, run by a board of parent volunteers. Sign up for classes takes place each semester (in August and in January). Contact: fritids@rygaards.com or see website www.rygaardsfritid.com for more information.

Expectations

Fritids is an enrichment programme not a childcare provider. Fritids administer the enrolment to the activities but cannot collect/return children or provide supervision before classes start, this is parents' responsibility. **If your child attends Caterpillars or Butterflies aftercare there is no provision to take them to and from our activities - please do not sign up to Fritids unless you are able to do this yourself.**

If your child attends the annex SFO in the main SFO building you MUST indicate this in the box in your profile. You must check your child's profile each semester to update their information as this is not automatically updated in the system (class, age of child, SFO etc). We do not have access to the Rygaards school pupil information so rely on parents inputting correct personal information at Fritids registration.

- *Registration is binding and non-refundable. There are no trial classes.*
- *It is not possible to switch between music teachers once the semester has begun.*
- *We reserve the right to cancel classes or make changes to classes if deemed necessary.*
- *We regret that activities can only run if there is sufficient enrolment for a viable class.*
- *Rygaards Fritids reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.*
- *Teachers are contracted to Fritids each semester.*
- *Refunds/replacement classes are not provided if students need to miss class (ie for school trips, sports matches, illness, travel, school events or any other such reason).*
- *on days when school finishes early, generally Fritids will still operate (check if unsure)*

Required Materials

All materials are provided unless otherwise stated. For sports /dance children should wear comfortable clothing & footwear appropriate for the activity.

For piano, guitar, ukulele, drums we have available to use for woodwind - students require own instruments, we sell a beginner 'toot flute' 280kr, to flute pupils if required

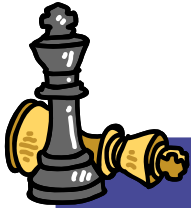
Absence

Lessons missed because of the child's absence (due to student illness, travelling, school trips, school performances, sports match etc.) will not be replaced or reimbursed, this includes music classes. In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS. Catch up lesson or reimbursement will follow in this case. It is parents' responsibility to keep their contact details up to date. SMS can only be sent to DK phone numbers. *Refunds are calculated & paid out at the end of each semester.*

REMEMBER YOUR INSURANCE

The child's participation in the activities is at the parent's own risk

CLASSES



CHESS CLUB / SKAK

Skak begyndere/ let øvede (6+år)
1150 kr. (14 uger) from 29 Jan

Onsdag 13:50-14:50
Chess Room O27
Sprog: Dansk

Teacher
Vicente Christensen

Chess beginner/interim (6+år)
1150 kr. (14 weeks) from 29 Jan

Wednesday 14:50-15:50
Chess Room O27
Language: English

Chess advanced (age 6+)
1150 kr. (14 weeks) from
17 Feb

Monday only: STARTS 17 Feb - 14:50-15:50
Chess Room O27
Language: English/Dansk



COOKING CLASS MADLAVNING

Teacher
Massimo Ricci

Young Chefs (age 10 - 13)
2300kr. (14 weeks)

TUESDAY **15.30 to 17.15** (NB later start time)

Kitchen Main Building
Language: English

Young Chefs (age 8 - 9)

2200kr. (14 weeks)
THURSDAY 15:00-16.50

Kitchen Main Building

Language: English



ART & CREATIVE CLASSES



Teacher
Christine Lohmann

Drawing and painting: 2 hours
(age 8 - 14) Tuesday 15:00-17:00
1850 kr. (14 weeks)

Language: English / Dansk

Drawing and Painting: Monday 15:00-17:00,
2 hours (age 8-14) 1750Kr. (14 weeks)





ART & CRAFTS POTTERY

Keramik (6+år)
1300 kr. (14 uger)

Friday 13:50-14:50
Pottery Room
Sprog: Dansk

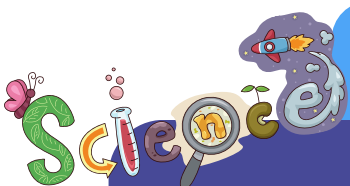
Teacher
Vicente Christensen

Pottery (6+ years)
1300 kr. (14 weeks)

Friday 14:50 15:50
Pottery Room
Language: English / Dansk

Pottery (age 6+)
1300 kr. (14 weeks)

Fri 15:50-16:50
Pottery Room
Language: English / Dansk



SCIENCE AROUND US CLASS 1

Fun science - based activities
(age 6-10)
1300 kr. (14 weeks)

Wednesday 15.00 to 15.55
Art Room MEB
Language: English

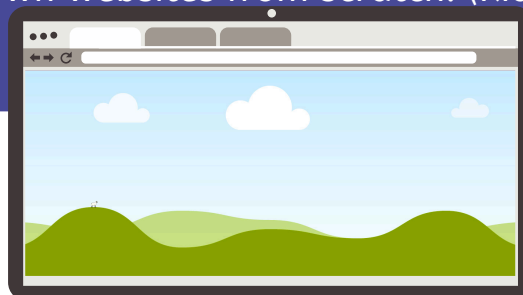
Teacher
Rashmi Jethani



Create Your Website (age:11-14)

2050kr (14 weeks) tutor: Ashika K A
Friday 15:00 - 17:00 (IT room at the back of the LRC)
Language: English ages 11 to 14

About the class: Introduces kids to the fundamentals of web development using HTML and CSS, enabling them to create their own websites from scratch. (Kids are required to bring their own laptops).



JEWELLERY MAKING

Jewellery making class
2 hours, 15.00 - 17.00

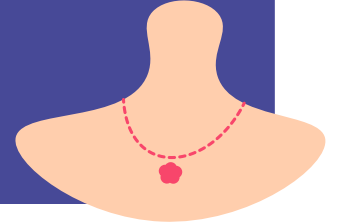
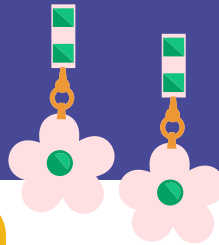
2050 Kr (14 weeks) all materials
provided

Thursday 15.00 - 17.00

Art Room MEB

Language: English / Dansk

Teacher
Christine Lohmann



CROCHET CLUB



Crochet and Knitting class
1.5 hours, 15.00 - 16.30
ages 9 to 13

1600 Kr (14 weeks) all materials
provided

Friday 15.00 - 16.30

Art Room MEB

Language: English

Teacher: Karin Mattioli

*We welcome beginners & continuing
crocheters
& will continue with the basics of crochet,
starting with simple stitches in rows before
moving on to crochet in the round. This term we
will learn to create this cat in a soft
velvet yarn & big hook.*



SPORTS



Football (age 6-7)
1150 kr. (14 weeks)

Monday 14:55-15:55

New Gym

Language: English / Dansk

Badminton (age 7-11)
1150 kr. (14 weeks)

Tuesday 14:55-15:55

New Gym

Language: English / Dansk



Teacher
Per Jacobsen



RUNNING CLUB

Running club is aimed at children from 11 years upwards, meets twice weekly Wed & Fri afternoons, meeting outside, running off-site at times. The club is run by volunteer coaches and the low admin fee reflects this. Sign up fee of 200kr applies for joining either one or both sessions.

STARTING 5th MARCH, running club will re-start early March due to weather/darkness - pupils participate at parents own risk



MOVING TO LEARN

Movement with Paula
(students must be invited to join this class by Paula following her assessment)

Thursdays 14:50 to 15:50
New Gym
Language: English

Teacher
Paula Martinez

2300 kr. (14 weeks)



DANCE & MOVEMENT DANS & BEVÆGELSE

Contemporary Dance class (age 6-9) 1200 kr. (14 weeks)

Wednesday 14:50-15:50
Music Building
Language: English

Teacher
Alice Presencer

Contemporary Dance class (age 10+) 1200 kr. (14 weeks)

Wednesday 15:50 -16:50
Music Building
Language: English



MUSIC LESSONS

Timeslots are selected upon registration.

Individual music lesson 30 mins (cost 3150 kr - 14 weeks)

(25min + 5 min handover time) in the Music Building on campus.





Piano
3150 kr. (14 weeks)

See available slots at sign up
online

Language: English /
Dansk (Agneta)

Teachers

Franciska Laursen
Agneta Mei Hytten
Ronan Perrett
Karin Mattioli



Classical Spanish Guitar
Ukulele
3150 kr. (14 weeks)

See available slots at sign up
online

Language: English / Dansk

Teacher

Trung Hoa Tran



Electric Guitar/drums/
keyboard/Music composition/
Bands
3150 kr. (14 weeks)

See available slots at sign up
online

Language: English / Dansk

Teacher

Angel D'Angelov

For band playing/music
groups
please contact the
Fritids office



Flute /Saxophone/clarinet
(woodwind)
3150 kr. (14 weeks)



See available slots at sign up
online

Language: English

Teacher

Ronan Perrett

group singing lessons/choir
1250 kr. (14 weeks)

Friday 15:00–16:00

Large Music Room
Music Building

Language: English/Dansk

Teacher

Agneta Mai Hytten

